



**International conference
on Waldorf education and
Anthroposophic Medicine**

**Supporting learning as the
interaction of soul and physical
forces**

26 to 29 October 2019

Interdisciplinary advanced training in education and medicine
for teachers, learning support teachers, school physicians,
paediatricians, general practitioners and therapists

Goetheanum

"We can only understand the human being if in what stands before us we can see the soul-spiritual and physical-bodily aspect within each other ..."

Rudolf Steiner on 27 December 1921, GA 303

Dear Colleagues, dear Friends,

Many pupils in lower and middle school can benefit today from learning support and medical care where the development of the interaction between soul and body is concerned. This thematic and far-reaching overlap is the reason why the Pedagogical and Medical Sections wish to organise the conference jointly this year. We also do so in memory of the death eighty years ago of the first Waldorf school physician Eugen Kolisko in London on 29 November 1939 from a heart attack. The central impulse of his destiny was the collaboration between physicians and teachers in the service of the developing child. At the same time we are pleased that through this jointly organised conference our Sections can make a contribution to the Waldorf 100 anniversary.

This year we want to give practical expression to the collaboration between teachers, learning support teachers and school physicians – and that in turn includes paediatricians and general practitioners – with their initiative and together look at "interfaces", indeed the close connections between the astral soul forces and etheric physical forces in the development of the child. The interaction between soul and physical processes is of crucial importance for the process of learning: where the forces of memory, for example, are addressed particularly strongly, or where they are addressed hardly at all, direct physical effects can be seen in pallor or redness which then in turn have a reciprocal effect on the soul entity. Perceiving this interplay in the young person demands of us inner activity and a thinking that corresponds to such animation, requires trained competence and a continuous exchange of experiences.

The introductory presentations will be followed by groups for interdisciplinary discussion so that we can take away with us from one another as many ideas and extending thoughts as possible. Other workshops will form an arc from deepening the content through topics of support practice to artistic activities.

We look forward to our work together!

For the preparatory group

Matthias Girke, Florian Osswald, Claus-Peter Röh, Georg Soldner

Leadership of the Medical and Pedagogical Sections at the Goetheanum

Workshops

Saturday, Sunday and Monday, 15.00–16.30 and 17.15–18.30

1. Further development of the admission process (DE)

The objective of our workshop is to work out in concrete terms an admission sheet which can best reflect the release of the etheric forces for school learning. In what do we as physicians see this developmental step, in what do we see it as teachers? How do we differentiate between the absence of maturity in this sense on the one hand, and limitations and disorders in the child's development on the other? To work on this question, we will use as a basis both current results of studies and our experiences with regard to the long-term progression of individual pupils in our schools.

Renate Karutz, Martina F. Schmidt

2. Why does colour perspective support learning to read?

Stages of writing, reading and grammar as the interplay of mental and physical processes (DE/EN)

We aim to work together on the interaction in the lesson of a warm interest, practical activity and reflection through intuitive perception. Exercises, observations and discussion will alternate. Lesson and pupil examples are welcome.

Marion Dürr, Claus-Peter Röh

3. Dealing with giftedness (DE/EN)

Gifted pupils are not always self-motivating and frequently require our support. They want to be recognised, understood and challenged. Psychosomatic symptoms, behavioural syndromes, social problems including truancy can be an expression of their suffering. How can we identify giftedness also without IQ tests? What support do these pupils and their parents need? What opportunities does Waldorf education offer?

Ulrike Lorenz

4. Foundations of working as a kindergarten and school physician (DE)

This workshop will consider the foundations of working as a school physician (the everyday work of a school physician). Questions from beginners and non-beginners will be taken up and answered on the basis of 30 years' experience working as a full-time staff school physician. Comprehensive material on the various topics associated with working as a school physician will be provided and the workshop will try to convey the joy and pleasure in this field of activity.

Wolfgang Kersten

5. Medical and educational observations on age 9 to 12 (DE/EN)

What physiological development takes place from age 9 to 12? What typical hurdles arise and what new phenomena have we noticed in recent years? Critical developments, disease trends as well as physiological processes and the curricular physiology of this age are introduced and discussed. You are welcome to bring along reports about pupils or send them in advance to make the work more productive.

Karin Michael

6. Media fasting and Waldorf education.

Influence of digital screen media on childhood (DE/EN)

Numerous studies have shown that prolonged screen exposure in early childhood can be harmful: for cognitive development, social skills, physical and mental health, with negative effects on concentration, sleep, obesity risk, diabetes risk, psychomotor development, language and family life. In this course we will present the pilot project "Media Fasting" ("MedienFasten") of Witten/Herdecke University. This project will be further developed jointly – based on anthroposophical knowledge of child development needs – for use in Waldorf schools. Preliminary information in German at www.medienfasten.org.

Silke Schwarz, Angelika Wiehl, David Martin

7. Educating boys and girls (DE/EN)

Do girls need a different kind of education from boys? What course does the psychological and physical maturation of the children take and how does sexuality and gender develop during childhood and adolescence. How important is bisexuality? This leads to questions we aim to discuss such as e.g. gender issues, growing up with same-sex parents, bullying, the way power is exercised and molestation between children and sexual abuse.

Claudia McKeen, Bettina Lohn

8. How can mathematics in the most comprehensive sense accompany the child on the way to becoming a human being on earth and help them to grasp their tasks on earth? (DE/EN)

Bring your questions along to this workshop. Alongside practical artistic support exercises, we will also work on aspects deepening this topic.

Florian Osswald, Susanne Allgaier.

Workshops

9. The heart and the inner path [\(ES/DE\)](#)

Workshop on the inner path of the school physician. At the same time the topic is the last part of the Spanish school physician training. A number of colleagues from Spain and South America will therefore attend the conference. A special opportunity to encounter one another in the work on this important topic!

Miguel Belchior de Graca

10. Physical development from birth to age 7 as the foundation for learning. [\(DE/EN/NL\)](#)

The physical development of the child forms the foundation for the learning processes in the second seven years. That foundation is frequently not sufficiently given today as a result of a variety of circumstances, leading to learning difficulties. What can class teachers and learning support teachers do to support the children in this respect? Workshop with theory, educational exercises for the senses, movement, painting and drawing.

Joep Eikenboom, Erica Eikenboom-van Nierop

11. Maturation of the body and soul from birth to age 21 [\(DE/EN\)](#)

The births of the human constitutional elements are often described as milestones of the septenniums. The goal of this workshop is to set out clearly the dynamic of the human constitutional elements between the septenniums; that is, the continual process of daily, weekly, monthly and yearly metamorphosis of these body-forming forces into the forces acting in the soul and spirit. The understanding of this concrete developmental dynamic "from year to year" is a big help for intuitively dealing with the content of the curriculum and the therapeutic measures with which we can support the maturation process of the children and adolescents.

Michaela Glöckler

Saturday, 26 October

08.45–09.00

Welcome

Renate Karutz, Florian Osswald

09.00–10.15

The metamorphosis of growing into the soul from age 5 to 7

Lecture by Claus-Peter Röh

10.15–11.00 **Coffee break**

11.00–12.00

Discussion groups

Interdisciplinary exchange of views on the morning lectures

12.10–13.10

Artistic courses*

Creative speech, eurythmy therapy, Bothmer® gymnastics or singing

13.10–15.00 **Lunch break**

15.00–16.30

Workshops

16.30–17.15 **Coffee break**

17.15–18.30

Workshops

18.30–20.00 **Evening break**

19.30–20.00

Introduction to the Act of Consecration of Man

Joep Eikenboom, Claudia McKeen

20.00–21.30

Plenary session

Professional groups from medicine and education, Introduction of new colleagues, topical questions

Sunday, 27 October

08.15–08.45

Act of Consecration of Man

- or -

Singing with Viola Heckel

Spacial Dynamics® with Beate Stolz

09.00–10.15

Physical transformation in the fifth to seventh year of life

Lecture by Martina F. Schmidt

10.15–11.00 **Coffee break**

11.00–12.00

Discussion groups

Interdisciplinary exchange of views on the morning lectures

12.10–13.10

Artistic courses*

Creative speech, eurythmy therapy, Bothmer® gymnastics or singing

13.10–15.00 **Lunch break**

15.00–16.30

Workshops

16.30–17.15 **Coffee break**

17.15–18.30

Workshops

18.30–20.00 **Evening break**

20.00–21.30

Meditative practice

Lecture by Florian Osswald

Monday, 28 October

08.15–08.45

Act of Consecration of Man

- or -

Singing with Viola Heckel

Spacial Dynamics® with Beate Stolz

09.00–10.15

Upheavals of the soul in educational support tuition from age 7 to 12

Lecture by Joep Eikenboom

10.15–11.00 **Coffee break**

11.00–12.00

Discussion groups

Interdisciplinary exchange of views on the morning lectures

12.10–13.10

Artistic courses*

Creative speech, eurythmy therapy, Bothmer® gymnastics or singing

13.10–15.00 **Lunch break**

15.00–16.30

Workshops

16.30–17.15 **Coffee break**

17.15–18.30

Workshops

18.30–20.00 **Evening break**

20.00–21.00

Art in the evening

Artistic contribution

from 21.00 **Night cafe**

Tuesday, 29 October

08.15–08.45

Act of Consecration of Man

- or -

Singing with Viola Heckel

Spacial Dynamics® with Beate Stolz

09.00–10.15

Building a house for the soul – physical development at age 10 to 14

Lecture by Georg Soldner

10.15–10.45 **Coffee break**

10.45–11.45

Group work

Practical consequences

11.50–12.30

Review and outlook

- *Subject to change* -

*Artistic courses

Creative speech – *Eva Sonnleitner*

Eurythmy therapy – *Michaela Trefzer*

Bothmer® gymnastics – *Beate Stolz*

Singing – *Viola Heckel*

General information

Translation services

The plenary events will be simultaneously interpreted into English and Spanish. Anyone who wants translation into their language other than English or Spanish is kindly requested to bring a translator with them from their country. We are happy to offer this "translation participant" a complementary ticket.

(requests until September 28, 2019 to: francois.bonhote@medsektion-goetheanum.ch).

Registration

Using the attached form, please send your registration, if possible by 12 October, to the following address by email, fax or letter:

Goetheanum Empfang, Postfach, 4143 Dornach, Switzerland

Tel +41 61 706 44 44 / Fax +41 61 706 44 46 / tickets@goetheanum.org

Donations

Donations to support the conference via the Medical Section

Allg. Anthrop. Gesell. / Med. Sektion / Raiffeisenbank Dornach

IBAN: CH53 8093 9000 0010 0605 6 / BIC: RAIFCH22

Purpose "SAF 2019"

Med. Sektion / Förderstiftung AM / Volksbank Dreiländereck eG

IBAN: DE92 6839 0000 0000 9707 60 / BIC: VOLODE66

Purpose "SAF 2019"

Donations to support the conference via the Pedagogical Section

Allg. Anthrop. Gesell. / Päd. Sektion / Raiffeisenbank Dornach

IBAN: CH36 8093 9000 0010 0607 1 / BIC: RAIFCH22

Purpose "KST 1055 Kollegiale Unterstützung"

Friends of Waldorf Education, Weinmeisterstraße 16, D-10178 Berlin

GLS Bank Bochum / IBAN: DE47 4306 0967 0013 0420 10

BIC: GENODEM1GLS / Project number: 2430 Päd. Sektion

Notes

General Information

Waldorf education and Anthroposophic Medicine

International conference and advanced training for kindergarten,
school physicians and support teachers

A Conference of the Medical and Pedagogical Sections at the Goetheanum
from Saturday, 26 to Tuesday, 29 October 2019

Application requested prior to: Saturday, 12 October 2019

Conference fees:	with sponsorship ¹ :	CHF 330	with meals:	CHF 480
	regular price:	CHF 280	with meals:	CHF 430
	concessions ² :	CHF 180	with meals:	CHF 330

Conference meals

Conference meals (vegetarian) include 3x lunch and 3x evening meal at CHF 150 in total and they can not be booked separately. Lactose-free and gluten-free dishes can be provided. We regret that any other food intolerances cannot be catered for.

Parking permit

For the period of the conference: CHF 25 (not right next to the Goetheanum building).

If you have a disability, please display your disability badge in your car.

Methods of payment/confirmation

On receipt of a group application, the respective institution will receive the account for the group. Subsequent bookings can only be applied for and paid on an individual basis.

Credit cards (all countries): The full amount will be charged to your credit card as soon as your booking has been processed. You will receive postal or email confirmation of your booking and payment.

Invoice Switzerland: Confirmation of booking and an invoice will be sent to you once your booking has been processed. Please note that we only send out invoices up until 10 days before the beginning of an event. After that, payment is only possible by credit card or on arrival.

Invoice Eurozone: Confirmation of booking and an invoice will be sent to you once your booking has been processed (Euro account). Please note that we only send out invoices up until 14 days before the